

REPORT

Anti- Ragging week (12th-18th August 2024)

Shyam Lal College, University of Delhi celebrated anti-ragging week from 12th August 2024 to 18th August 2024. During this time frame, many activities were organised and students were also made aware of not doing ragging and were informed of the consequences if they rag any student.



The poster features logos for Shyam Lal College, the University of Delhi, and the Anti-Ragging Committee. It lists the following events:

Date	Event
12 th August, 2024	Anti Ragging Day
13 th August, 2024	Essay Writing
14 th August, 2024	Rangoli Making
15 th August, 2024	Online Slogan Writing
16 th August, 2024	Seminar
17 th August, 2024	Documentary on Anti-Ragging

Venue: Seminar Hall, **Time:** 11:30 a.m.

Dr. Reeta Sharma
Convener
Anti Ragging Committee

Prof. Rabi Narayan Kar
Principal

Scan for Registration

Members
Dr. Sushil Kumar, Dr. Ompal Yadav, Mrs. Reena Yadav
Dr. Shyam Sundar Prasad, Mrs. Shraddha Agrawal

On 12th August 2024, Shyam Lal College hosted a notable event to mark **Anti-Ragging Day**, as part of its Anti-Ragging Week from held in the Seminar Hall at 11:30 am. The event aimed to raise awareness about ragging, its impacts, and the importance of fostering a safe and respectful environment for students.

The **chief guest** for the occasion was **Shri Kanhaiya Lal Yadav Ji, Station House Officer (SHO) of Shamdara Police**. His presence highlighted the critical role of law enforcement in addressing and preventing ragging in educational institutions.

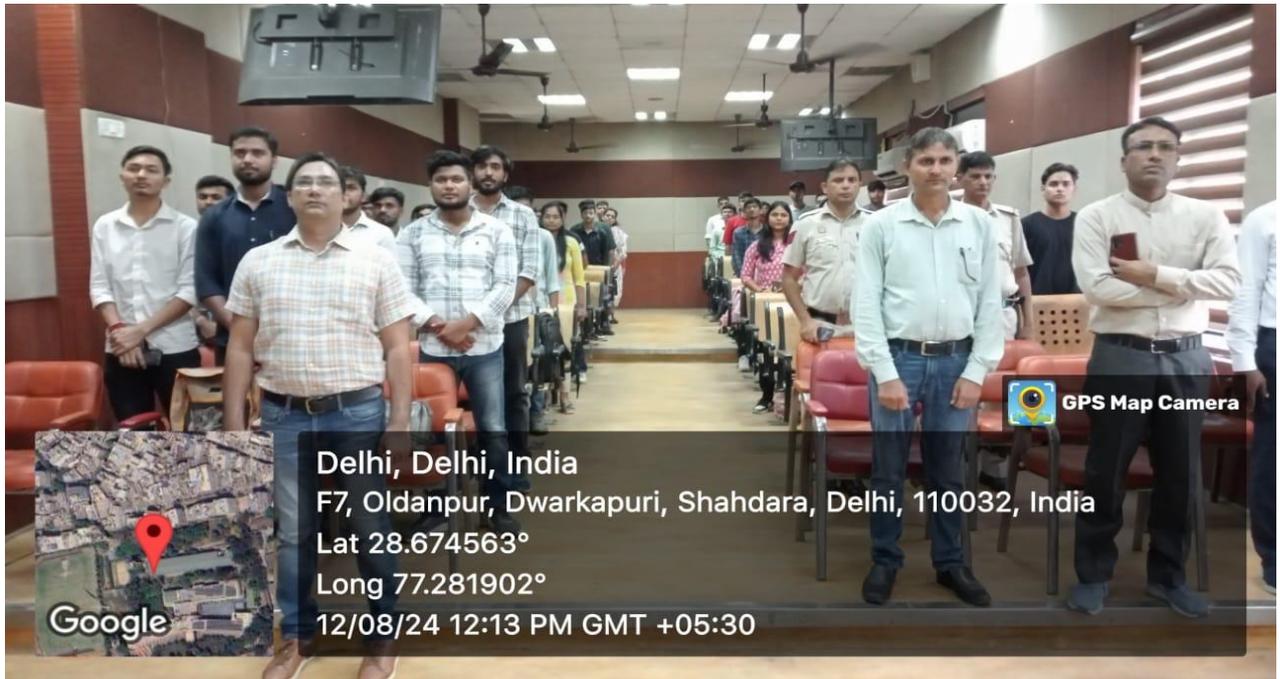
Shri Kanhaiya Lal Yadav Ji delivered a compelling keynote address, focusing on the development of anti-ragging laws and their effects on student welfare. He drew a parallel between anti-ragging measures and anti-dowry laws, noting that while both were introduced to improve societal

conditions, their perception and application have evolved, sometimes leading to unintended consequences.

Yadav Ji discussed how ragging, which was once intended to ease new students' transition into college life, has unfortunately become a harmful practice. He described the severe impact of ragging, referring to it as a "valley of death" to emphasize its detrimental effects on students' mental and physical health.

The session concluded with a vote of thanks to Shri Kanhaiya Lal Yadav Ji, Prof. Rabi Narayan Kar (Principal of Shyam Lal College), Dr. Reeta Sharma (Convener, Anti-Ragging Committee) and all committee members, along with the teaching and non-teaching staff of college.





On 13th August 2024, The Essay Writing Competition on the theme of anti-ragging was conducted to raise awareness about the detrimental effects of ragging in educational institutions and promote a culture of respect and empathy. The event aimed to engage students in thoughtful reflection and dialogue on this critical issue and to encourage them to contribute their ideas towards creating a safer and more inclusive academic environment.

The competition was held on college premises and saw enthusiastic participation from students of various streams, representing a diverse range of academic backgrounds. Participants were required to submit essays on the theme of anti-ragging, focusing on its impacts, preventive measures, and the role of students and institutions in addressing the issue.



On 14th August 2024, The Rangoli Making Event, centred around the theme of anti-ragging, was conducted with the aim of raising awareness about the harmful effects of ragging and promoting a culture of respect and inclusivity within educational institutions. This creative initiative provided participants with a platform to express their views on the theme through the vibrant and artistic medium of Rangoli.

On 16th August 2024, A Seminar titled "The Mindset of Ragging: Thinking and Realisation" was held in the Seminar Room at 11:30 am. This was the fifth day of the Anti-Ragging Week. The event aimed to explore the psychological underpinnings of ragging, its impact on victims, and the pathways to prevent and address this pervasive issue in educational institutions. **The speaker** for the day was **Prof. Harish Arora** from **PGDAV College (Eve)**.

Prof. Harish Arora outlined the psychological mechanisms behind ragging, emphasizing issues of power dynamics, peer pressure, and the need for acceptance. He further discussed how ragging often stems from a desire to assert dominance and create group hierarchies. He also focused on the emotional and cognitive impact of ragging on victims and highlighted issues such as trauma, anxiety, and diminished self-esteem. He also noted long-term effects that could persist beyond the educational environment. He discussed some real-life examples of the above and concluded his session by saying that in the Dictionary the meaning of Ragging is an introduction but we misunderstood the meaning and gave it a different direction altogether.

There was also the question answer round wherein there was active participation of the students. The Seminar ended with a vote of thanks to the Speaker (Prof. Harish Arora), Principal sir (Prof Rabi Narayan Kar), Dr Reeta Sharma (Convener, Anti-Ragging Committee), all committee members, teaching and non-teaching staff of the college.

At the end of the day, students were also shown a documentary on Anti-Ragging.





On 29th August 2024, Shyam Lal College conducted a comprehensive **Anti-ragging Orientation** for new and returning students in the presence of our respected Principal sir Prof. Rabi Narayan Kar. This orientation aimed to educate students about the college’s anti-ragging policies, the legal implications of ragging, and the resources available to support victims.





Committee

Dr. Reeta Sharma, Convener

Dr. Shyam Sundar

Dr. Ompal Singh

Dr. Sushil Kumar

Ms. Reena Yadav

Ms. Shraddha Agrawal